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## REVIEW ARTICLE

### ROLE OF REPERTORY IN DELIRIUM TREMENS

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#### Abstract

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**Key Word-** Repertory, rubrics, Homoeopathy, Delirium tremens, Alcohol.

Repertory is the index of symptoms from the proving and the rubric is a symptom in reportorial language. Delirium tremens is the most dramatic and grave of all the alcoholic illness. The aim of homoeopathy is not only to treat delirium tremens but to address its underlying cause and individual susceptibility.

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#### INTRODUCTION

Since the dawn of civilization people have been brewing and fermenting alcoholic drinks.<sup>4</sup> When someone drinks heavily, their body becomes dependent on alcohol, if alcohol use is stopped suddenly acute withdrawal symptoms like delirium tremens may occur.<sup>5</sup> Delirium tremens is the most severe spectrum of alcohol

withdrawal, this would potentially lead to hallucination, confusion, seizures, and even death, if not managed adequately and potentially.

Homoeopathy is one of the most popular holistic system of medicine. The selection of remedy is based upon the theory of individualization and symptoms similarity by using holistic approach.<sup>6</sup> It

not only relieves the immediate symptoms, it also works to heal the underlying cause, whether inherited, acquired, emotional or psychological and gradually helps the patient to restore his health.

### **Role Of Repertory In Delirium Tremens-**

There are some condition/rubrics of delirium tremens given in various repertory which are useful to memorize the medicine given under it.

#### **Rubrics in Boericke Repertory-**

- Mind-Delirium-Alcoholic (Delirium Tremens): Agar., Atrop., Caps., Con., Hyos., Hydrobr., Kali-br., Ran-b., Stram.
- Mind-Imagination-Hallucination-Remedies in general: Absinth., Agar., Anac., Antipyr., Bell., Crot., Casc., Hyos., Stram.
- Mind-Mood-Disposition-anxious: Acon., Agn., Ars., Aur., Bism., Dig., Ign., Kali-c., Lach., Lil-t., Nux., Phos., Plat., Puls., Sepia., Vert-a.
- Circulatory system-Heart-Action-Tumultuous, violent, labored: Acon., Agar., Amyl., Bell., Cact., Glon., Lil-t., Nat-m., Spig.
- Nervous system-Insomnia(sleeplessness)-Remedies in general: Absinth., acon., Ars., Avena., Bell., Comph., Can-ind., Cham., Cim., Coca, Cocaine, Coff., Gels., Hyos., Ign., Kali-br., Nux., Op., Samb., Puls.

- Nervous system-Restlessness-During: Acon., Agar., Ars., Bell., Can-ind., Cham., Coff., Hyos., Ign., Rhus-t., Strom., Sulph.
- Nervous system-Alcoholism: Agar., Ant-t., Ars., Arar., Avena., Caps., Cupr-ars., gels., Hyso., Nux-v., Querc., Strych., Sul-ac.
- Nervous system-Tremors-Alcoholic: Ant-t., Nux.
- Nervous system-Nerve—Neurities-Type-Alcoholic: Nux-v., Pareira.
- Nervous system-Locomotor Ataxia: Alumen., Alum., Arg-n., Ars., Atrop., Aur-mur., Bell., Ferr-pic., Flour-ac., Kali-iod., Mag-p., Nux-v., ox-ac., Pic-ac., Plumb., Phos., Sil., Stryc.<sup>(8)</sup>

#### **Rubrics of Kent Repertory:**

- Mind- Mania- A- Potu: Agar., Ars., Lach., Nat-m., Nux-m., Nux-V., Op., Stram., Stry.
- Mind- Restlessness, anxious, etc: Ars., Kali-ars., Kali-c., Nat-a., Nat-c., Tarent.
- Mind- Anger- Voilent: Acon., Anac., Aur., Cham., Hep., Nit-ac., Nux-v., Staph., Tarent.
- Mind- Delusion, imagination, hallucinations, illusion: Agr-n., Bell., Cann-i., Hyos., Ign., Lach., Petr., Ph-ac., Sabad., Stram., Sul.
- Sleep-Disturbed: Graph., Sulph.

- Perspiration-Profuse: Ant-t., Ars. Aur-m-n., Bell., Calc., Carb-an., Carbn-s., Carb-v., Cedr., Chin., Chin-ar., Hep., Kali-ar., Kali-bi., Lyco., Merc., Nat-m., Ph-ac., Psor., Tub., Sep., Sil.
- Generalities-Convulsion, Delirium Tremens in: Hyos.
- Generalities-Drinking-Aversion to in spite thirst: Cann-i., Canth., Stram.
- Stomach-Thirst-Without desire to drink: Nux-v.
- Fever-Perspiration, with: Bell., Phos., Merc., Puls, Rhus-t., Sulph.
- Extremities-Trembling-Drunkards: Ars.<sup>(9)</sup>
- Mind-Drunken, besotted, as if: Bap., Lach., Op.
- Sensorium-Alcoholism, as if: Nux-v.
- Urine-Condition of Urine-Alcohol, abuse of: Carb-v.
- Sensation and complaints in general-Coordination, affected: Alu., Caust., Colc., Con., Lach., Rhus-t.
- Sensation and complaints in general-Trembling, alcoholics of: Ars<sup>10</sup>

#### Rubrics of B.C.R:

- Mind-Reason and Sense, must lose -Cal-c., Cimic., Lil-t.
- Mind-Alcohol, intoxication, etc: Agar., Aur., Bell., Calc-c., Coff., Graph., Hyos., Lach., Led., Mux-m., op., Sil., Stram., Sul.
- Mind-Anger, crossness, etc: Aco., anac., Cham., Coff., Cup., Lyco., Nit-as., Nux-v., Sil., Sulp.
- Mind-Confused-Befuddled, Muddled, etc: Bell., Bry., Calc-c., Carb-v., Chin., Gels., Hyos., Kali-c., Lyco., Merc., Nat-m., Nux-v., Ph-ac., Rhus-t., Sep., Sil., Sulph., Ver-a.

#### CONCLUSION

Homoeopathy is one of the most widely used holistic medical systems. The remedy is chosen using a holistic approach based on the theory of individualization and symptom similarity. The goal of homoeopathy is to address the underlying cause of delirium tremens as well as individual susceptibility. This is the only way to regain complete health by removing all of the signs and symptoms from which the patient is suffering. There are several homoeopathic medications available in materia medica literature to treat delirium tremens, which can be chosen based on the cause, sensations, and modalities of the complaints with the aid different repertories of repertory.

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